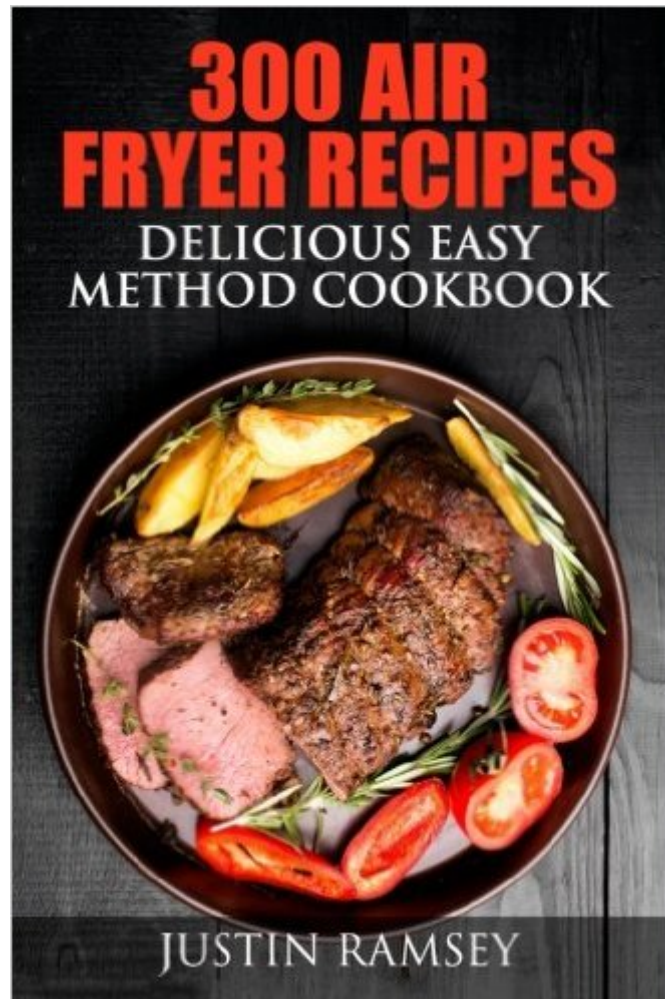


The book was found

300 Air Fryer Recipes: Delicious Easy Method Cookbook



Synopsis

Great Value 300 Air Fryer Recipe Cookbook! Largest Collection Available!! This book aims to provide amazing value for readers as it contains a huge range of tasty, healthy and quality meals to make at home. It encompasses meal ideas from different cuisines (Western, European, Asian and more..) and has a large range of breakfast, side dishes, mains and dessert recipes. This is your complete ALL IN ONE RESOURCE for Air Frying! Cook classic fried foods the family will love without the guilt! Say goodbye to deep frying and saturated fats! The Air Fryer recipes in this huge book will replicate the flavor and texture of fried food without compromising your health. You will reap savings in money as well as gain in overall wellbeing for your family. Take advantage of your Air Fryer's features and abilities. Get to understand your appliance and the range of cooking techniques that can be done! The recipes in this book aim to maximize the Air Fryer's utility in creating simple to more complex meals. Be inspired to try new dishes! This book assumes that the reader has no prior experience and provides simple, easy to follow recipe instructions. Even if you are new to Air Frying or even to cooking, you will pick it up in no time! Here is a snippet of our huge list of recipes:

Breakfast
FRENCH TOAST SOLDIERS
MUSHROOM AND FETA
FRITTATA
OATMEAL MUFFINS
POTATO ROSTI
RAREBIT WITH FRIED EGG
SCRAMBLED EGG
THAI STYLE OMELETTE
APPLE OAT FRITTERS
BAKED EGGS
BREAKFAST FRITTATA
CHEESY BACON CROQUETTE
SCORN FRITTERS
Sides
BACON PAPRIKA
POTATOES
BAKED ZUCCHINI FRIES
BROCCOLI TOTS
CAULIFLOWER BITES
CHEESY GARLIC BREAD
CURRIED VEGETABLE SAMOSAS
FETA WEDGES
FRENCH FRIES
GARLIC AND WHITE WINE MUSHROOMS
JAPANESE ASPARAGUS FRIES
ONION RINGS
PARMESAN ZUCCHINI CHIPS
POTATO GRATIN
ROAST WINTER VEGETABLES
SEEDED BROWN LOAF
Snacks
BUFFALO CHICKEN EGG ROLL
SICILIAN SHRIMP
CHEESE CORN AND SPINACH SQUARES
CHILEAN FRIED CALZONES
CHILI TUNA PUFFS
CHORIZO EMPANADES
CORN DOGS
CRAB AND FENNEL WONTONS
CRISP SPICY TUNA SUSHI
CRISPY BOCCONCINI WITH CHILI SAUCE
CRUMBED CHICKEN STRIPS
FRIED CALAMARI
HOMEMADE NACHOS
JALAPENO BITES
JERK CHICKEN WINGS
KALE CHIPS
LASAGNA CUPCAKES
MACARONI AND CHEESE ROUNDS
PORK FRIES
PRAWN AND PORK NOODLE BALLS
SESAME PRAWN TOAST
TAIWANESE POPCORN CHICKEN
VEGETABLE SPRING ROLLS
Main Meals
BEEF STROGANOFF
BLACK BEAN VEGGIE BURGERS
CARAMEL APPLE PORK CHOPS
CHAR SIEW PORK
CHINESE BRAISED PORK BELLY
CHIPOTLE CHICKEN
DIJONAISE SALMON
FRIED QUAIL WITH SPICY SALT
HONEY MUSTARD CHICKEN
LEMONGRASS BEEF
MUSHROOM AND PEPPERONI PIZZA
POTATO CRUSTED BEEF TENDERS
ROASTED CORNISH GAME

HENROASTED MACADAMIA LAMBSNAPPER WITH ASIAN DRESSINGSOBA SALMON
NOODLESSPINACH AND FETA PIETHAI BASIL CHICKENTOMATO AND CHICKEN
PASTATURKEY CHEESEBURGER MEATLOAFZUCCHINI AND PEPPER RISOTTODesserts and
SweetsBAKED ALASKASBANANA AND RHUBARB SLICEBLUEBERRY MUFFINSCHOCOLATE
CAKECINNAMON DOUGHNUTSCRUNCHY SNICKERSFRIED CHOC CHIP COOKIE
DOUGHFRUIT CAKELEMON CREAM CHEESE BARSMARBLE CAKEMATCHA ALMOND
COOKIESPANDAN CHIFFON CAKEVANILLA SOUFFLEBe excited about cooking again! Purchase
this book now to gain health whilst not compromising on flavor!

Book Information

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Customer Reviews

The recipe booklet that came with my air fryer was a joke. That's why I bought this book just to find out it is not much better. Thumbing through the book I noticed inaccuracies, omissions, and outright mistakes indicating that the recipes were hastily put together without much thought. There is no mention of how many servings each recipe yields. For instance among the breakfast items is a Potato Rosti that starts with 5 lb of potatoes (page 29). For this same recipe one first preheats the air fryer (which usually take 2-3 minutes) and then peels the potatoes, grates them, form patties and then put them in the air fryer. All 5 lb of patties at once on top of each other does not make sense to me but the recipe does not say to do it in patches. In two more recipes one preheats the air fryer and then marinates the fish for one hour (pages 221 and 256). The author acknowledges that there are many air fryer models out there and in addition to the basket they may come with a tray and baking dish. Some recipes in this book also require ramekins, silicone cupcake molds, oven safe dish or bowl (without mentioning size), small loaf baking tray that holds 2 lb of ground turkey, 1 cup

of breadcrumbs, 1 cup of milk, 3/4 lb of cheese among other ingredients (page 201). This is just one example where I am at a loss of what container to use. Also, many recipes use hard to find ingredients like: Galangal (page 210), Soba Noodles (page 261), Maida Flour (page 146), Taros (page 185), Shaoxing wine (page 251), Hung curd (page 269) and so forth. The book does not have an index and the table of content lists breakfast, sides, snacks, main meals, and desserts & sweets with the recipes in no particular order. I tried two recipes: french fries and crumbed chicken strips.

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